Afternoon Tea Origins.

ANNA MARIA, (Seventh Duchess of Bedford) is credited with the invention of Afternoon Tea in 1840.

She is said to have experienced what she called a ‘sinking feeling’ in the middle of the afternoon due to the long gap between light luncheon and her evening meal.

To relieve her hunger pangs she asked her footman to bring her a pot of tea and a little light refreshment and soon she enjoyed this ritual so much she began to invite her friends over for tea and gossip about the latest scandal.

The ritual caught on and afternoon tea became all the rage among the upper crust. Soon all of fashionable London was indulging in afternoon tea, as you can too with this classic institution.

As formal as you like, it’s all about coming together over a brew, perhaps to nibble on a cake or two, having a chat and definitely lots of fun together.

Enjoy!
Afternoon Tea

From 1pm – 4pm

**SELECTION**
- of -

*Loose leaf Tea or freshly brewed Coffee*

**SELECTION**
- of -

**G O U R M E T S A N D W I C H E S**
- - -

- Galway Bay Smoked Salmon on homemade brown bread
- Classic Caesar salad in tomato flavour wrap
- Crisp Bacon, Cranberry & Brie on crusty ciabatta bread
- Toasted Loaf topped with smoked Irish cheddar, cherry tomato and parma ham
- Homemade Fruit Scones clotted cream & jams

**SWEET PLATE**
- - -

Sumptuous selection of Home-made Desserts

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Afternoon Tea
for Kids

From 1pm – 4pm

**Delicious Hot Chocolate or Homemade Strawberry Milkshake**

**SELECTION**
- of -

**MINI SANDWICHES**
- - -

- Ham & Cheese on homemade brown bread
- Chicken Sandwich
- Peanut Butter & Jelly Sandwich

**SUMPTUOUS PLATE**
- of -

**H O M E M A D E S W E E T S**
- - -

Sumptuous selection of Home-made Desserts

\[ \text{€10 per child} \]

* €2 supp to include Milkshake & Hot Chocolate